

INTEGRATIVE PRESENCE: Bodies, Minds, Souls & Spirits in Dialogue

Breaking new ground in systemic coaching & leading

Skill up your presence born from latest Harvard-Grant based research



Introducing the Foundations of Integrative Presence ICF CEE Training

Next cohort: 10th of February, 2023

Navigating the sea of presence – the much-coveted and so poorly understood competence in coaching and leadership - can be a challenge.

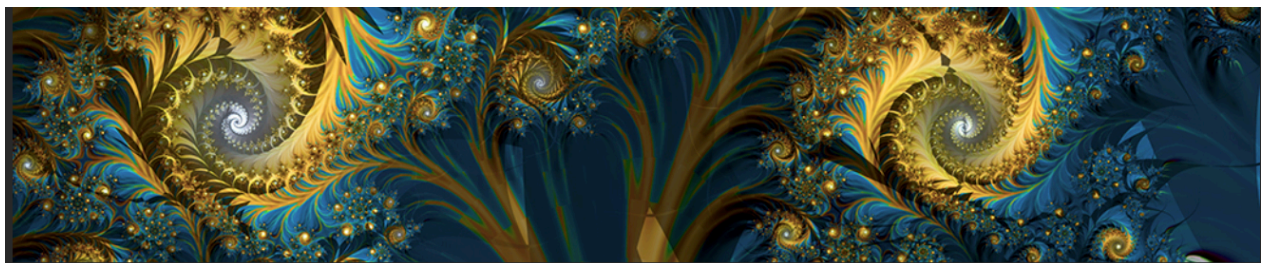
The sea of wisdom, perspectives about and reflections on how presence manifests and how to work with it creates confusion. Which perspectives to listen to? What practices would be best for you? What is the **essence of presence**?

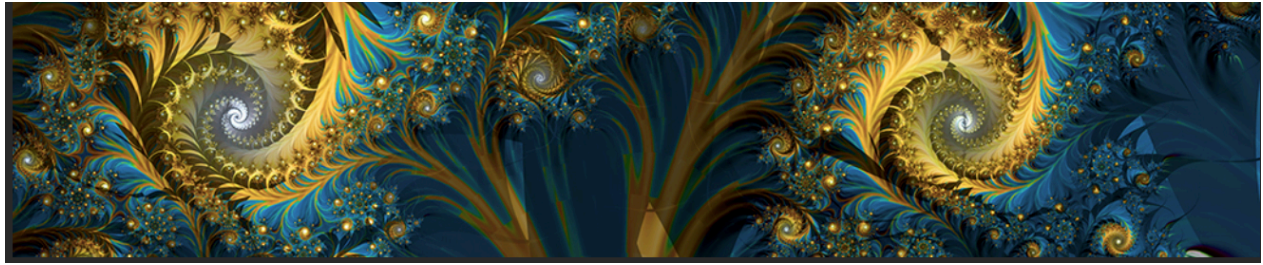
Integrative Presence has been created as the robust, real, and reliable **4-sphere-approach** to the practical aspects of all-time highs such as ‘attunement’ and ‘connectedness’ & to the factors that hinder us from being present. The training involves two worlds: **leaders and coaches**.

We bring in latest science that will **surprise** even the most experienced coach and marry it with existing wisdom – as we are the drop in the sea of ‘knowing’. We will explore presence first-hand in **synergy** with your most important target group: leaders – your clients.

You will be able to make sense of:

- the **relational nature of** presence in the ‘We’-sphere
- the relevance of your and your client’s **eco-systems** as the ‘All’-sphere
- how to **notice and navigate your biases** around your coaching presence
- how to discover your **presence-less-ness**
- how to increase **your own impact** working with the 4 spheres of presence





WHO IS IT FOR

You are a PCC coach that is curious to explore your presence as you are moving to attain your MCC level accreditation or anyway wish to practice at PCC level having experienced the need to

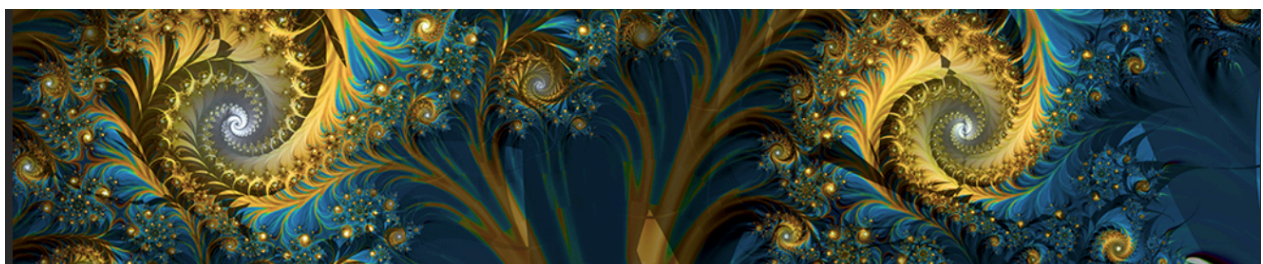
- **navigate** your **hubris** as a PCC accredited coach: all masters are learners!
- **learn more** about **your capacity** to expand your presence based on greater evidence.

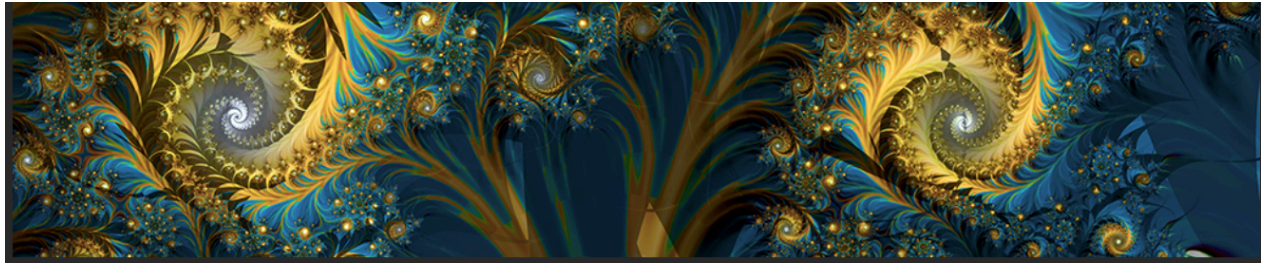
HOW YOU BENEFIT as we will

- demonstrate that mostly we have **too much presence**, or **not enough presence**
- show that presence can **help & harm** recalibrating our understanding of presence
- explore how presence is pure **nonverbal responsiveness**, and the body keeps the score: it shows where we are with our true presence **beyond** our own **perceptions**
- learn that presence is **not about the coach**: coaches will learn to rethink the essence of presence-ness
- demonstrate that **clients' way of being** shapes our presence beyond our consciousness
- work with the **obstacles to presence** and the sources of **presence-less-ness** in the relationship and beyond
- work with real clients in the room to showcase the **interactional quality** of presence
- integrate the **environment / context** as key factors contributing to our responsiveness
- work with our **default settings** / our golden shadow, which limits our potential to be

WHY INTEGRATIVE PRESENCE

- Coaching is **leadership**, and leadership is **coaching**.
- Both coaches and leaders need to increase their **systemic impact**
- Creating impact takes the **synergy** between systemic coaching and leadership in a setting that gets you the most individual learning and co-learning experience
- Both need to **inspire** sustainable **engagement** and lasting results under pressure
- Both share the **accountability** to lead by example and with purpose.





HOW WE WORK – 4 coaches and 4 executives engaging in the same experience to learn & reflect & experience

- the relational quality of our presence: **“It’s always both.”**
- the relational quality of leadership and coaching in organizations: **‘It’s always all.’**
- the relational quality of our presence in cultures: **“It’s always more.”**

We invite you in our all-new program to share your common ground as a key to empowering the organization you work in – come change, or corporate restructuring!

WHAT IS THE FORMAT

Hybrid approach: **Foundation (online skills training)** – **Integration (2-day retreat for experiential learning / action learning set)**. See Table 1 for details.

Learning Management System: Participants will have access to a dedicated LMS platform.

Kick-Off of Action Learning Set:

10th of February 2023 – See Table 2 for detailed schedule.

Duration: 28 hours / weekly sessions of 90 minutes / 28 hours include online and retreat module

Investment: EUR 3,799 covering the retreat, excl. travel fees (excl. of VAT)

Retreat: will be communicated in good time.

Integrative Presence – Hybrid Online Action Learning Set		
Weeks		
Foundation & Integration		
1st week	Orientation Session	Welcoming – starting our journey and learning set
2nd week	Foundation I	[I sphere] - action learning moments - reflections
3rd week	Immersion	Action learning moments – presence-forwarding
4th week	Foundation II	[WK sphere] - action learning moments - reflections
5th week	Immersion	Action learning moments – presence-forwarding
6th week	Foundation III	[All sphere] - Live Demo - action learning moments - reflections
7th week	Immersion	Action learning moments – presence forwarding
8th week	Foundation IV	[OMNI sphere] – the culture and philosophy of presence
2-day retreat		Face-to-face experiential learning moments- celebration
Total 28 hours (12 hours online & 16 hours retreat)		
Material guides & Moments for co-creation and growth		
Experiential learning – 2-day retreat in Austria		
Reflection sheets & Action learning moments framing each session		

Integrative Presence – Hybrid Online Action Learning Set 2023		
Sessions / 90 minutes each		
Time: 15:00 Vienna, Amsterdam, Bologna – 16:00 Athens, Tel Aviv – 17:00 Riyadh		
Online setting		In-person setting
Week	Date	2-day retreat in Austria: 18 – 21 April 2023
1st	10 Feb	Arrival – 18 April 2023
2nd	17 Feb	Afternoon around 14:00/15:00, latest for dinner at 19:00
3rd	24 Feb	Workshop/ Experiential learning – 09:00 to 18:00 / 19 and 20 April 2023
4th	3 Mar	Dinner and celebration on 20 April
5th	10 Mar	Departure – 21 April 2023
6th	17 Mar	The venue to be announced
7th	24 Mar	
8th	31 Mar	
Total 28 hours (12 hours online & 16 hours retreat)		
Detailed information about the program will be communicated shortly		

Table 1: Program structure

Table 2: Schedule