



Master the Art and Science of Presence

Our Program

What Is Symbiotic Learning, And Why Is It Important For Leaders And Coaches?

We've noticed a shift in the world of coaching and leadership development.

That shift shows how traditional approaches to coaching and leading no longer work in our globalized, digitalization-driven and AI-inspired environments.

These aspirations inevitably create higher distress, disempowerment, disconnection and disengagement, due to the greater expectations of 'bigger-faster-higher' performance.

Against these dynamics, the past ways of coaching and leading meet their limitations.

How come?

Because they focus on individual skills-based methods. This perpetuates the idea that the world works as some input-output mechanism that can be fixed by singular one-off methods.

We're relational beings in an interrelated world. It requires us to seek relational approaches to support us in navigating our environment of increasingly complex interrelationships.

It no longer helps using preferred mantras like "Keep it simple." It no longer helps pretending that we can reduce the complexity of our world into a simple toolbox of methods that will help us thrive.

Therefore, Integrative Presence offers coaches and leaders the relational approach of symbiotic learning to help:

Leaders:

- explore the difference between virtual and co-located leadership
- get anchored in complexities to cope successfully with extremes, polarities, order and chaos
- re-connect and re-engage with peers, teams and stakeholders in optimal synchrony
- inspire disengaged peers, teams and stakeholders to deal successfully with pressure in an ever-changing environment
- become the impactful role models they aspire to be and others need to trust

Coaches

- explore the difference between virtual and co-located coaching
- identify how to re-engage and retain disengaged clients
- recognize and handle disengagement in coaching sessions
- reach just-the-right synchrony with clients for their effectiveness
- integrate more fully the world of leadership to be a purposeful professional coach

Integrative Presence is the world's first-ever symbiotic and experiential learning set for leaders and coaches.

Our goal is to connect these two worlds in both an online and an offline boutique environment, so they can master presence by learning both from each other and from us.

Join us at Integrative Presence to shape the future of coaching and leadership development. Together, let's embrace adversity! It often gives birth to innovation. Let's connect intentionally with your inner power for purposeful outer impact.

Let's be present to what is really going on **in, with, and around** us. Presence will fuel discernment and ensure you're a beacon of excellence - distinctively different from others.

For a more impactful tomorrow.

The Program Schedule In Details:

I. Foundation:

Acquaint yourself with the 4 Spheres of Presence via our Online Learning Management Platform

Kickoff / Meet & Greet / What is presence and what it's not - 90 minutes

22 March 2024

Skills training - 60 minutes for each of the 4 Spheres

&

Experiential learning - 90 minutes for each of the 4 Spheres

- 5 April 2024 - I-Sphere Skills training 16:00 to 17:00 CET
- 12 April 2024 - I-Sphere Experiential learning 16:00 to 17:30 CEST
- 19 April 2024 - We-Sphere Skills training 16:00 to 17:00 CEST
- 26 April 2024 - We-Sphere Experiential learning 16:00 to 17:30 CEST
- 3 May 2024 - All-Sphere Skills training 16:00 to 17:00 CEST
- 10 May 2024 - All-Sphere Experiential learning 16:00 to 17:30 CEST
- 17 May 2024 - OMNI-Sphere Skills training 16:00 to 17:00 CEST
- 24 May 2024 - OMNI-Sphere Experiential learning 16:00 to 17:30 CEST

Please note that the order may change as per the energy of the cohort that emerges naturally. We'll decide the order of the spheres organically.

Reviewing progress / Takeaways / Preparation for retreat - 90 minutes

31 May 2024

The Program Schedule In Details:

II. Integration:

A 3-day retreat for deep action learning

Apply what you'll have acquainted yourself within a fully immersive experience that transitions you from the virtual to the tangible.

Practice, enhance, and evaluate your skills gradually through real-world scenarios and one-on-one real-time feedback.

Reconnect with the relational power of nature, your cohort, and first of all with yourself.

Dates (to be confirmed):

17 - 19 June 2024

In between the sessions, there are individual learning periods, when participants can prepare for the next session at their own pace. Together, the 10 online sessions + the 3 days of retreat + the individual weeks create the entire program length of approximately 16 weeks.

By completing this program, you'll be able to:

- **adapt** to accelerating changes with impact and purpose
- **thrive** through conflicting moments with ease and serenity
- **master** extremes, overwhelm and high-level pressure
- **achieve** just-the-right synchrony with others for meaningful decisions
- **establish** effective communication in order and chaos
- **inspire** engagement, autonomy, and self-leadership
- **co-create** a trusting environment for greater commitment

16 weeks might seem too long, but here's the thing: acquiring new ways of being takes time.

It's a learning journey of discovery, not just unlearning and relearning. It's about learning how to truly learn to meet the challenges of a world we can no longer respond to with the past ways of coaching, leading, and managing.

Sadly, not all coaching programs offer the time for participants to immerse themselves in a learning experience.

They tend to **offer quick fixes and promise simple tools or models** while the issues we're facing today are globally interconnected and complex by nature.

They misguide coaches and leaders by making them believe that it's okay to look for 'simple solutions' because that's what clients want to hear.

Another issue we noticed in the leadership development industry is that most companies offer programs **only for coaches or only for leaders.**

This is one-sided, and attendees can only reproduce themselves in their own worlds through exposure to largely one point of view. Today, it takes **relational learning to face the challenges of interconnected issues.**

That's why we decided to pursue a different approach. By connecting these two worlds, our participants can learn in symbiosis, and understand the complex nature of being present.

- We also made the decision to **offer both online and offline learning sets.** Many programs operate only in one space or the other. However, presence needs both modalities for the physical embodiment practice.

By learning most of the theory online, and then putting that theory into practice in realistic scenarios, **our participants have the space and time to embody the newly acquired learning** to get a real sense of the relational nature of the world.

We believe that we learn with enduring impact through joint and shared experiences.

Unless we step back and wonder where we're heading, we're just moving forward and learning to cope, while the world continues to transform. Learning through joint experiences, we cultivate an inner connectedness that can lead to a solid capacity for lasting adaptability in a world of constant change.

What You'll Get With This Program:

- ✓ **10 weeks of live sessions** on our Online Learning Management Platform, for an in-depth learning experience. (€8000 Value)
- ✓ **3 days all-inclusive retreat** in Austria that allows you to reconnect with nature, your cohort members, and first of all with yourself. (€2000 Value)
- ✓ **Personalized feedback by expert coaches.** We keep the experience exclusive, so we can guide all participants equally and spend as much time with each and every one of you as you need. (€2000 Value)
- ✓ **An ICF-accredited Certificate.** Our program provides coaches with the opportunity to count these 35 hours of learning as CCEU further education credits (€2000 Value)
- ✓ **Lifetime access to the Platform** and the materials so you can re-watch the recordings any time you face a new challenge in your career.
- ✓ **Exclusive access to the Integrative Presence Community** within the Platform for ongoing guidance and support. You can ask questions in between the sessions at any time and have immediate access to our seasoned coaches and leaders.
- ✓ **Proven workbooks, exercises** and other downloadable materials, that enable you to spend time mastering this new knowledge in your own rhythm, in the quiet of your home.

If You Register Today, You'll Also Get:

Bonus for Leaders & Coaches:

A FREE copy of the book 'Coaching Presence: The Power of the Non-Verbal Relationship'

by Tünde Erdős

This book is the ultimate guide to integrative presence. Here you will learn how to:

- **Build awareness** of your state of presence
- **Identify** potential coaching blind spots
- **Recognize** when your needs block presence
- **Practice** integrative presence in coaching
- **Foster** effective coaching partnerships

"This book includes many high-quality and universal components to help professional coaches to make valuable progress."

- Patrick Delamaire, co-developer of the Global Executive Coaching Program at HEC Paris

€30

Yours FREE With Integrative Presence

FREE Mindset Exercises - Bonus For Coaches & Leaders

For Coaches:

'9 Powerful Mindset Exercises About Coaching Presence' by Tünde Erdős

Ask yourself these 9 questions, and dive deep into what it means to be fully present during a coaching session.

For Coaches:

'9 Powerful Mindset Exercises About Coaching Presence' by Tünde Erdős

Ask yourself these 9 questions, and dive deep into what it means to be fully present during a coaching session.

'Where are you with your leadership?' - A Powerful Mindset Exercise by Tünde Erdős

Ask yourself these 8 questions, to realize your purpose, and what truly matters to you in your leadership.

~~€50~~

Yours FREE With Integrative Presence

Bonus for Coaches:

A FREE Exclusive Masterclass with Karen Cappello, MCC:
Turn Your Coaching Skills into Coaching Revenue with Ease and Joy

In this Masterclass you'll learn:

- **WHY your clients really hire you** and strategies to make your marketing like a beacon of light to your ideal clients
- **Time and energy management techniques** that will bring in your ideal clients who will happily invest in themselves through you
- **How to have cash-generating conversations** that are honoring and lead your perfect client to easily and quickly register with you
- **A proven method** that will practically guarantee that your goals will be met

~~€500~~

Yours FREE With Integrative Presence

Sign Up Today & Pay Way Less

We offer a discount for the first 8 cohort participants because we want to keep the experience as exclusive as possible.

We want to give our undivided attention and capacity for **rich and personalized feedback to each participant.**

We want to have space and time to focus on each participant's progress, thus living the core principle of Integrative Presence: learning to be present to what is 'really going on in and around us'.

Therefore, you'll learn in a boutique environment to render your experience truly exceptional.

Engaging with each participant in a learning experience takes true and deep connections.

Otherwise, there's no sense of belonging and no community, two concepts which are crucial in our mission to create a social impact.

That's why, if you join our program today, and pay in full, you will receive a €250 discount.

However, **we can only sustain this discounted price for 8 cohort participants.** Should we get 10 members, we would need to adjust the price.

As you can see, the spots are extremely limited, and we offer them to our global community of hundreds of coaches and leaders.

We only plan to have it once a year, so now is your chance to book your spot. Otherwise, you will have to wait a whole year to have this opportunity again!

Please note that the Cohort can only work if we have the same number of Coaches and Leaders. We kindly ask you to only register if you are willing to commit to your own progress as well as others' - and you are willing to show up live on all the offline & online sessions.

Pay In Full

Save €250 when you pay
in full!
(Most Popular)

~~€10,150~~
€9,900

Payment Plan

Pay just €3,383 today!
Then two more payments
of €3,383.

~~€10,150~~
€3,383 x 3

Sign Up Today!

